

### Abstract

The invention relates to a connection module for telecommunications and data systems, comprising a base plate, on which connection modules for optical fibres or electric conductors can be arranged. According to the invention, the connection modules and the base plate have corresponding fixing elements and the base plate is provided with at least one connection module for optical fibres and at least one connection module for electric conductors. The invention also relates to a suitable connection module for the optical fibres and to a method for connecting said optical fibres.